

# Hadsten House

## Spa Menu

### Massage Menu:

#### Swedish Massage

Using the classic European techniques of medium to light massage to promote relaxation. This massage enhances circulation and relieves sore muscles to melt away the stresses of a busy life.

\$110 (1 hr); \$150 (90 min); \$190 (2 hr)

#### Deep Tissue and Sports Massage

An intensive, massage experience focusing on areas of tension that you and your therapist identify. If your lifestyle is highly active or especially stressful, this massage is for you.

\$125 (1 hr); \$155 (90 min); \$195 (2 hr)

#### East-West Massage

Combines the best of both worlds, with oriental pressure point techniques for liberating tension plus the soothing relaxation benefits of Swedish massage.

\$125 (1 hr); \$155 (90 min); \$195 (2 hr)

#### Mother-To-Be Massage

A safe, comfortable and relaxing massage for the expectant mother.

\$110 (1 hr); \$150 (90 min); \$190 (2 hr)

#### Couples Massage

Enjoy a Swedish, Deep Tissue, Sports, Mother-to-Be or East-West massage in our beautiful couples massage room. A wonderful experience to share with someone special.

\$220 (1 hr); \$300 (90 min); \$390 (2 hr)

### Facial Menu:

#### European Traditional Facial

A nourishing, relaxing, rejuvenating treatment for the skin. This facial includes a deep cleansing peel, regenerating fluids and mask. Includes a massage of the face, hands and feet.

\$110 (1 hr); \$150 (90 min)

#### Serenity Facial

An Aromatherapy facial using herbal products and essential oils. Includes a deep cleansing peel, regenerating fluids and mask plus massage of the face, hands and feet.

\$115 (1 hr); \$160 (90 min)

#### Eternal Youth Facial

Oxygenate and moisturize your skin at deeper levels by using a renewing mask and refreshing oils. Includes a deep cleansing peel and massage of the face, hands and feet.

\$125 (1 hr); \$170 (90 min)

### Seaweed Eye and Lip Treatment

Add an additional 20 minutes for \$25

### Nails Menu:

Mani-Pedi \$90

His hand and foot care \$80

Renewing treatment for hands/feet \$105

### Waxing Menu (minimum \$55):

Lip, Chin, Cheek \$20 each (All 3 for \$55)

Brow, Underarm \$35 each

Bikini, Arms, Lower Legs \$60 each

Brazilian, Full legs, Chest, Back \$80 each

Hours: 9am-7pm (Add \$35 for after hours)

Dial "0" to reserve your in-room spa services